Date began \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Updated \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**I decided to come to school to…**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Get Hi-Set | | |  | Other | | | |
|  | Get a job | | |  | Notes: | | | |
|  | Get a better job | | |  |
|  | Go to college | | |  |
|  | Help children  with school \_\_\_\_ with homework \_\_\_\_\_\_ | | |  |
| **Education Background** | | | | | | | | |
|  | | |  | | |  | **When** | **Where** |
| **Last grade completed?** | |  |  | | |  |  |  |
| **High School Diploma?** | |  |  | | |  |  |  |
| **GED/Hi-Set?** | |  |  | | |  |  |  |
| **Registered Apprenticeship Certificate?** | |  |  | | |  |  |  |
| **Industry Certificate/License?** | |  |  | | |  |  |  |
| **Technical School Credential?** | |  |  | | |  |  |  |
| **College Degree?** | |  |  | | |  |  |  |
| **Other?** | |  |  | | |  |  |  |

**My Education Goals are: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

|  |  |
| --- | --- |
| **Advisor Notes:** | **Dates** |
|  |  |
|  |  |

**My Employment Background**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Currently working?** | **Yes \_\_\_** | **N0 \_\_\_** | **If yes, where? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **What is your job? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | |
| **Jobs I had in the past are:** |  | | |  |  |
| **My Employment Goals are:** |  | | |  |  |
| **Advisor Notes:** | | | | | **Dates** |
|  | | | | |  |
|  | | | | |  |

|  |  |
| --- | --- |
| **Other experiences I have had** (other than employment, such as volunteer work, event planning in child’s school, babysitting, elderly care, homemaking, cooking, repairing household items, sewing, etc.) | |
|  | |
|  | |
|  | |
| **Advisor Notes:** | **Dates** |
|  |  |
|  |  |

**Skills, Values, Interests**

|  |  |  |
| --- | --- | --- |
| I have completed a skill assessment and the skills I have are: |  | |
| I have completed a work values assessment and some work values that are important to me are: |  | |
| I have completed an interest survey and my career interests are: |  | |
| I would like to further develop the following skills: |  | |
| **Advisor Notes:** | | **Dates** |
|  | |  |
|  | |  |

**Career Exploration**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **I have learned about the industries that are hiring or will be hiring in the near future. I would like to explore the following industries: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** | | | | | |
| Job Title | Average Annual Salary | Job Duties | This job matches my Interests, job values and skills in the following ways: | What training or education do I need for this job? | Where can I get this education or training? |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| **Advisor Notes:** | | | | **Dates** | |
|  | | | |  | |
|  | | | |  | |

**Short and Long Term Goals**

|  |  |  |  |
| --- | --- | --- | --- |
| **My short-term education and/or career goal(now to 6 months) is:** |  | | |
| **What might make it difficult for me to achieve this goal?** |  | | |
| **Steps I need to take to reach my short-term goal are:** | | | |
| **Step** | | **Date**  **to complete step** | **What help/resources do I have that will help me complete this step?** |
| **1.** | |  |  |
| **2.** | |  |  |
| **3.** | |  |  |
| **4.** | |  |  |
| **5.** | |  |  |
| **6.** | |  |  |

|  |  |  |
| --- | --- | --- |
| **How am I doing?** | | |
| **Date** | **Update** | |
|  |  | |
|  |  | |
|  |  | |
| **Advisor Notes:** | | **Dates** |
|  | |  |
|  | |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **My long-term education and/or career goal(2-5 years) is:** |  | | |
| **What might make it difficult for me to achieve this goal?** |  | | |
| **Steps I need to take to reach my long-term goal are:** | | | |
| **Step** | | **Date**  **to complete step** | **What help/resources do I have that will help me complete this step?** |
| **1.** | |  |  |
| **2.** | |  |  |
| **3.** | |  |  |
| **4.** | |  |  |
| **5.** | |  |  |
| **6.** | |  |  |

|  |  |  |
| --- | --- | --- |
| **How am I doing?** | | |
| **Date** | **Update** | |
|  |  | |
|  |  | |
|  |  | |
| **Advisor Notes:** | | **Dates** |
|  | |  |
|  | |  |