

HELA Chapter One: Vocabulary Exercise One

Name: _____

Key Words: segregate, race, discriminate, undermine, abolish, integrate

Date: _____

1. segregate

- We need to **segregate** the male chickens from the female chickens as early as possible.
- Our town requires that we **segregate** the paper, plastic, and aluminum when we recycle.

Segregate means

a. Group together

b. Separate

c. Identify

2. terrify

- I am **terrified** of clowns.
- In the movie, the aliens **terrified** Earth.

Terrify means

a. To make afraid

b. To be excited by

c. To act like

3. recommend

- The teacher **recommended** that I take Algebra next year.
- I would not **recommend** that movie for anyone younger than 12.

Recommend means

a. To speak against

b. To write down

c. To suggest as a good idea

4. nourish

- The crackers were not very **nourishing**.
- The support of friends can be very **nourishing**.

Nourish means

a. To feed

b. To calm down

c. To feel good

5. extract

- The dentist **extracted** the rotten tooth.
- What can you **extract** from the advice she gave you?

Extract means

a. To fix

b. To take out

c. To look at

6. asylum

- The immigrants asked for **asylum** in the United States.
- Where do you think you will find **asylum**?

Asylum means

a. Protection

b. Food

c. Work

7. lesion

- The refugee had **lesions** on both arms.
- It had been six weeks, but the **lesions** still hadn't healed.

Lesion means

- a. Tattoo b. Open Sore c. Problem

8. major

- This will be a **major** change for us.
- The **major** reductions will be in the Army and the Navy.

Major means

- a. Good b. Most Important c. Bad

9. prefer

- I would **prefer** it if you didn't bring the dogs.
- They **prefer** chocolate cake to vanilla cake.

Prefer means

- a. To ask for b. To be excited by c. To like better

10. elegant

- It was an **elegant** dress.
- That was an **elegant** way to say what you were thinking.

Elegant means

- a. Stylish and graceful b. Fancy c. Simple

11. scurry

- The squirrel **scurried** across the sidewalk.
- The wind made the leaves **scurry** across the open field.

Scurry means

- a. To move slowly b. To dance c. To hurry

12. tower

- The trees **towered** over the house.
- My brother **towered** over all of his sisters.

Tower means

- a. To shade b. To threaten c. To be taller than