

## Text Set Topic: The Psychology of Personality

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GLE range: 9-12

This Text Set contains:

- (1) Resource Set & Sequence
- (2) Glossary
- (3) Student Accountability:
  - a. *Rolling Knowledge* and *Rolling Vocabulary* models
  - b. blank *Rolling Knowledge* and *Rolling Vocabulary* templates

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### Resource Set & Sequence

Resource	Rationale for including it, and for its location in the order	Where to find it
<a href="#">Big 5 personality traits</a> (Youtube)	This is the first piece because it makes a good introduction to the widely accepted “big 5” personality traits that are discussed in nearly every article in the text set. It provides a short but comprehensive overview of each one.	YouTube: <a href="https://www.youtube.com/watch?v=oWpRKJPCI7M">https://www.youtube.com/watch?v=oWpRKJPCI7M</a>
<a href="#">Which Traits Predict Job Performance?</a> (American Psychological Association)	This second piece looks at how the big five personality traits relate to job fit and performance, making the important point that personality traits can be better predictors of success than intelligence. This piece creates context for why personality traits matter (buy-in) and helps students build self-knowledge about how their personalities may align with certain careers.	American Psychological Association: <a href="http://www.apa.org/helpcenter/predict-job-performance.aspx">http://www.apa.org/helpcenter/predict-job-performance.aspx</a>
<a href="#">It’s Nature, Not Nurture: Personality Lies in Genes, Twins Study Shows</a> (The Telegraph UK)	Now that students have learned what the big personality traits are and why they matter, they are ready to explore the question of what influences our personality, starting with genes.	The Telegraph UK: <a href="https://www.telegraph.co.uk/news/science/science-news/9267147/Its-nature-not-nurture-personality-lies-in-genes-twins-study-shows.html">https://www.telegraph.co.uk/news/science/science-news/9267147/Its-nature-not-nurture-personality-lies-in-genes-twins-study-shows.html</a>

Resource	Rationale for including it, and for its location in the order	Where to find it
<a href="#">Linking Personality with Geography</a> (Newsweek)	Having read an argument for the role of genes, students can now explore another possible influence on personality: geography. This broadens the picture of possible factors affecting personality, so that students start to grasp how intricate the subject is.	Newsweek: <a href="http://www.newsweek.com/begley-linking-personality-geography-88087">http://www.newsweek.com/begley-linking-personality-geography-88087</a>
<a href="#">Is Your Personality Fixed or Can You Change Who You Are?</a> (NPR)	Now that students have looked at different factors affecting personality, they are ready to explore how malleable our personalities are. This article discusses a criminal case and asks the intriguing question if people can change fundamentally. Their previously learned knowledge should help inform their opinion. It is also the longest piece in the series.	NPR: <a href="https://www.npr.org/sections/health-shots/2016/06/24/481859662/invisibilia-is-your-personality-fixed-or-can-you-change-who-you-are">https://www.npr.org/sections/health-shots/2016/06/24/481859662/invisibilia-is-your-personality-fixed-or-can-you-change-who-you-are</a>

For more information, see [About Text Sets](#) (on SABES website).

## Glossary for the Text Set: *The Psychology of Personality*

These words from each resource would likely block comprehension; they are not necessarily the most important words.

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Resource Title: ***The Big 5 Personality Traits (YouTube)***

Word	Student-Friendly Definition
Psychology	The study of the human mind and behavior
Conscientious	Wanting to do what it right, especially when it comes to one's work and responsibilities
Regulate	To control something so it works in a certain way
Impulsive	Acting without thinking first
Extroverted	Outgoing and socially confident
Agreeable	(of a person) Wanting to please and agree with others
Neurotic	Easily anxious and worried

Resource Title: ***Which Traits Predict Job Performance? (American Psychological Association)***

Word	Student-Friendly Definition
Integrity	The quality of being honest and having a strong sense of right and wrong
Persistent	The quality of not giving up easily
Liability	Something that puts one in a disadvantaged a position
Asset	A useful or valuable thing or person
Impede	Delay or get in the way of; prevent something from happening
Innovation	The process of coming up with new ideas and solutions

Resource Title: *It's Nature, Not Nurture: Personality Lies in Genes (The Telegraph UK)*

<b>Word</b>	<b>Student-Friendly Definition</b>
Gene	Something inherited from one's parents that influences a person's characteristics
Contradict	To say the opposite of something
Dictate	To give orders
Restrain	To hold back or prevent from doing something

Resource Title: *Linking Personality with Geography (Newsweek)*

<b>Word</b>	<b>Student-Friendly Definition</b>
Conformist	Sticking to socially acceptable behavior and rules
Outcomes	A way a thing turns out; a result
Extensive	Large; covering a wide area
Representative	Typical of a certain group of people
Trait	A quality or characteristic, typically one belonging to a person.
Prevalence	How common something is
Bureaucratic	Concerned with doing things by procedure, "according to the book"

Resource Title: *Is Your Personality Fixed or Can You Change Who You Are? (NPR)*

<b>Word</b>	<b>Student-Friendly Definition</b>
Assumption	A thing thought of as true without proof
Consistent	Not changing; done in the same way
Stable	Not likely to change; fixed
Justified	Done for a good reason
Mirage	An optical illusion; false vision
Gratification	Pleasure gained from satisfying a desire
Sadistic	Getting pleasure from other people's pain
Reframe	To think of a situation or idea in a different way

## **Student Accountability: Learning Worth Remembering**

ONE of the following activities should be completed and updated after reading *each* resource in the set: *Rolling Knowledge* OR *Rolling Vocabulary*.

The purpose of these activities is to capture knowledge that builds from one resource to the next, and to provide a holistic snapshot of central ideas of the content covered in the text set.

*Both activities are modeled here, with sample answers; as the teacher who will use this, choose one for students to complete, using these models as a reference. Your students may end up choosing different words and learnings.*

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### **In an effective Rolling Knowledge journal:**

- Knowledge collected demonstrates new knowledge about the text
  - Knowledge is not randomly selected – it makes sense and shows developing thoughts about the topic
  - Connections to previous readings are logical and not haphazard
  - Knowledge is paraphrased, not copied from the text
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### **In an effective Rolling Vocabulary journal:**

- Words selected exemplify the gist and big ideas of the text
- Definitions adhere to the word's meaning in context (not just looking it up in the dictionary)
- Sentences are about the reading topic, not random

## ***Rolling Knowledge Journal Model for “The Psychology of Personality”***

1. Read each selection in the set, one at a time.
2. After you read each resource, stop and think what the big learning was. What did you learn that was new and important about the topic from this resource? Write, draw, or list what you learned from the text about the topic.
3. Write, draw, or list how this new resource added to what you learned from the last resource(s).

<b><i>Title</i></b>	<b><i>New/important learning about the topic</i></b>	<b><i>How does this resource add to what I learned already?</i></b>
<i>The Big 5 Personality Traits</i>	<ul style="list-style-type: none"> <li>• There are five widely accepted traits that people vary in that make up their personality: conscientiousness, openness to experience, neuroticism, agreeableness, and extraversion.</li> <li>• Open people are curious, enjoy adventure, science, and art.</li> <li>• Conscientious people are usually high achievers.</li> <li>• Extroverted people get energy from being around people.</li> <li>• Agreeable people are friendly and considerate and want to please people.</li> <li>• Neurotic people have moods that change easily and get anxious.</li> </ul>	<ul style="list-style-type: none"> <li>• I knew that people had different personalities, but now I know some of the major differences between people.</li> <li>• I learned that I am extroverted/introverted and that’s why I need to be around people for energy/spend time alone.</li> </ul>
<i>Which Traits Predict Job Performance?</i>	<ul style="list-style-type: none"> <li>• I learned that personality can be more important than smarts in how well you do on the job.</li> <li>• Conscientiousness generally makes people good at their jobs but not always for creative jobs.</li> <li>• More jobs are emphasizing teamwork, so working well with others is becoming more important.</li> </ul>	<ul style="list-style-type: none"> <li>• I realized that the personality traits I learned about before can influence the kind of career you choose and do well in.</li> </ul>

<b>Title</b>	<b>New/important learning about the topic</b>	<b>How does this resource add to what I learned already?</b>
<i>It's Nature, Not Nurture: Personality Lies in Genes, Twins Study Shows</i>	<ul style="list-style-type: none"> <li>● Genes can have a bigger impact on our personality than the way our parents raised us.</li> <li>● Identical twins that are raised apart share personality traits more so than non-identical twins.</li> <li>● Self control is heavily influenced by genes.</li> </ul>	<ul style="list-style-type: none"> <li>● I now know that the personality traits I learned about are at least somewhat influenced by genes.</li> <li>● There may be limits to how much we can change our personalities because of our genes, so this means we may be naturally more fit for certain careers that match our personalities.</li> </ul>
<i>Linking Personality with Geography</i>	<ul style="list-style-type: none"> <li>● I learned certainly personality traits are more common in specific areas; for example, people on the West Coast score higher on openness.</li> <li>● Different regions of the U.S. have general personality differences as well as different countries.</li> </ul>	<ul style="list-style-type: none"> <li>● I learned that personality can not only predict job performance but health and academic success too.</li> <li>● Genes aren't the only thing influencing personality. Our location seems to influence them too.</li> </ul>
<i>Is Your Personality Fixed or Can You Change Who You Are? (NPR)</i>	<ul style="list-style-type: none"> <li>● People usually believe personality remains the same over your life, but this may not be true.</li> <li>● People can change their natural personality traits if they look at situations differently or are put in different circumstances.</li> </ul>	<ul style="list-style-type: none"> <li>● I learned that even though there are influences on our personality and the way we behave, we can change our personalities and actions through effort.</li> </ul>



## Rolling Vocabulary Model—“Sensational Six”

1. For each resource, read and select 6 words that exemplify the central idea of that information source.
2. Next, use your 6 words to write about the most important idea of that information source, one sentence for each word.

The emphasis on high utility academic vocabulary is powerful. Not a word in this list is wasted.

Title	Vocabulary Words & Sentences
<i>The Big Five Personality Traits</i>	<p><b>Six Words:</b>  <b>Trait, conscientious, extrovert, agreeable, neurotic, impulsive</b></p> <ol style="list-style-type: none"> <li>1. One of the big five personality <b>traits</b> is openness to experience.</li> <li>2. <b>Conscientious</b> people are people who get everything done that they need to.</li> <li>3. <b>Extroverts</b> get energy from being around people.</li> <li>4. <b>Agreeable</b> people are friendly and want people to get along.</li> <li>5. <b>Neurotic</b> people are more likely be anxious and depressed.</li> <li>6. People who are not very conscientious are more <b>impulsive</b>.</li> </ol>
<i>Which traits predict job performance?</i>	<p><b>Six Words:</b>  <b>Factor, dependable, liability, impede, interpersonal, assets</b></p> <ol style="list-style-type: none"> <li>1. A <b>factor</b> in how well you do on the job is your personality.</li> <li>2. Conscientious people are <b>dependable</b> and usually make good workers.</li> <li>3. In creative jobs, conscientiousness can be a <b>liability</b> rather than a benefit.</li> <li>4. Conscientiousness can <b>impede</b> creativity.</li> <li>5. <b>Interpersonal</b> skills are more important now that many jobs require teamwork.</li> <li>6. On the job, personality traits can be greater <b>assets</b> than intelligence.</li> </ol>
<i>It's Nurture, Not Nature: Personality Lies in Genes</i>	<p><b>Six Words:</b>  <b>Gene, Determine, Contradict, Influence, Contribute, Persist</b></p> <ol style="list-style-type: none"> <li>1. A person's <b>genes</b> play a role in their personality.</li> <li>2. Genes can <b>determine</b> more of your personality than the way you were raised.</li> </ol>

Title	Vocabulary Words & Sentences
	<ol style="list-style-type: none"> <li>3. Research <b>contradicts</b> what people thought about how our personality is formed.</li> <li>4. Genes <b>influence</b> people’s ability to self control.</li> <li>5. Genes can <b>contribute</b> to our chances of success.</li> <li>6. Self control is about your ability to <b>persist</b> when things get difficult.</li> </ol>
<p><i>Linking Personality with Geography</i></p>	<p><b>Six Words:</b>  <b>Cluster, Prevalent, Extensive, Dimension, Predict, Outcomes</b></p> <ol style="list-style-type: none"> <li>1. Personality traits <b>cluster</b> by region and country.</li> <li>2. Openness is more <b>prevalent</b> on the west coast of the United States.</li> <li>3. Researchers did an <b>extensive</b> study looking at personality traits of almost 700,000 people.</li> <li>4. Researchers looked at tests that measured the five <b>dimensions</b> of personality.</li> <li>5/6. Personality can predict <b>outcomes</b> like academic success and health.</li> </ol>
<p><i>Is Your Personality Fixed or Can You Change Who You Are?</i></p>	<p><b>Six words:</b>  <b>Stable, Assumption, Consistent, Flexible, Reframe, Reconfigure</b></p> <ol style="list-style-type: none"> <li>1. People usually think personality traits are <b>stable</b> throughout your life.</li> <li>2. The <b>assumption</b> that people’s personalities stays the same may be wrong.</li> <li>3. People’s personalities are not <b>consistent</b> in different kinds of situations.</li> <li>4. Personalities are more <b>flexible</b> than previously thought.</li> <li>5. <b>Reframing</b> a situation can change how someone normally responds.</li> <li>6. If they try hard enough, even criminals can <b>reconfigure</b> their personalities.</li> </ol>

1. Go back and review all of the words selected from the resources.
2. Select the top six words that taught you the most from ALL the word lists, or choose one word from each source. These are the words that most exemplify this topic and display what you thought was the most valuable learning.
3. Use the final list of words to summarize the most important learning from all of the sources.

<b>Final Sensational Six</b>	Traits, Genes, Conscientious, Extroverts, Neurotic, Determine
<p><b>Summary:</b></p> <p>There are five main <b>traits</b> that people make up our personalities: <b>conscientiousness</b>, <b>extraversion</b>, agreeableness, openness, and <b>neuroticism</b>. There are many influences on our personality including our <b>genes</b> and geography. Certain <i>traits</i> <b>determine</b> how well we will do in certain jobs. For instance, <i>conscientious</i> people may good workers in general but this may not be the best <i>trait</i> for creative careers. People usually think personality stays the same over time, but some researchers are beginning to think it can change depending on the circumstances we are in.</p>	

## Rolling Vocabulary—“Sensational Six”

1. For each resource, read and select 6 words that exemplify the central idea of that information source.
2. Next, use your 6 words to write about the most important idea of that information source, one sentence for each word.

<b>Title</b>	<b>Vocabulary Words &amp; Sentences</b>
<i>The Big Five Personality Traits</i>	<b>Six words:</b>  <b>Six Sentences:</b>
<i>Which traits predict job performance?</i>	<b>Six words:</b>  <b>Six Sentences:</b>

<b>Title</b>	<b>Vocabulary Words &amp; Sentences</b>
<i>It's Nurture, Not Nature: Personality Lies in Genes</i>	<b>Six words:</b>  <b>Six Sentences:</b>
<i>Linking Personality with Geography</i>	<b>Six words:</b>  <b>Six Sentences:</b>
<i>Is Your Personality Fixed or Can You Change Who You Are?</i>	<b>Six words:</b>

<b>Title</b>	<b>Vocabulary Words &amp; Sentences</b>
	<p><b>Six Sentences:</b></p>

4. Go back and review all of the words selected from the resources.
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<b>Final Sensational Six</b>	
<p><b>Summary:</b></p>	

**Rolling Knowledge Journal for “The Psychology of Personality”**

1. Read each selection in the set, one at a time.
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<b>Title</b>	<b>New/important learning about the topic</b>	<b>How does this resource add to what I learned already?</b>
<i>The Big 5 Personality Traits</i>		
<i>Which Traits Predict Job Performance?</i>		

<b>Title</b>	<b>New/important learning about the topic</b>	<b>How does this resource add to what I learned already?</b>
<i>It's Nature, Not Nurture: Personality Lies in Genes, Twins Study Shows</i>		
<i>Linking Personality with Geography</i>		
<i>Is Your Personality Fixed or Can You Change Who You Are? (NPR)</i>		